

DIRECTIONS TO MEDICAL FACILITIES

Directions to:

**NDC Urgent Care Center and
Sentara Leigh Hospital
Kempsville Road
Virginia Beach, VA 23502**

When leaving campus:

- Turn right onto Wesleyan Drive,
- Turn right onto Baker Road,
- Turn right onto Newtown Road,
- Turn right onto Va. Beach Blvd.
- Follow Blvd. to Kempsville Road,
- Turn left onto Kempsville Road.

Turn left at the second light into
NDC URGENT CARE

OR

Turn left at the third light into
SENTARA LEIGH HOSPITAL

Directions to:

Bayside Hospital

When leaving campus:

- Take a right onto Wesleyan Drive,
Wesleyan Dr. changes into Haygood Dr.
- Turn right onto Independence Blvd.
- Go approximately 1-2 miles and Bayside
Hospital is on the left.



ATHLETIC TRAINING



Home of the Marlins

WELCOME TO VIRGINIA WESLEYAN COLLEGE

The Virginia Wesleyan College Athletic Training Staff looks forward to hosting you and your team during the upcoming season. We hope that the following information is helpful during your visit to our campus. If you have any further questions or concerns please contact us.

The athletic training room is located on the 1st floor of the Jane P. Batten Student Center. Park in the Batten Center parking lot, enter the doors into the Events Lobby. Follow the hall straight ahead and past the gymnasium. Take the first hallway to your right; the athletic training room is the last room on the right.

ATHLETIC TRAINING SERVICES

- The athletic training room will be open **2 hours** prior to all home events.
- If a certified athletic trainer or an athletic training student will not be traveling with your team, please **contact us in advance** so that we may provide your team with any pre-game assistance.
- **If an ATC is not traveling with your team, your team may only receive hot packs and/or ice as treatment, and taping. Due to staffing and time constraints, our staff will not be able to administer electrical modalities.**
- Athletic Training students must bring a prescription for modality use signed by an ATC or physician.
- You must provide your team with any taping and first aid supplies they might need.

Therapeutic Modalities:

Ultrasound, Electrical Stimulation, Whirlpool, Hot Packs, Ice Massage, Cryocuff

Items provided on the field:

Water, cups, injury ice and bags, splints, AED

ATHLETIC TRAINING STAFF & MEDICAL SERVICES

Head Athletic Trainer

Amy Dunleavy, MEd, ATC, EMT-B
(757) 455-3417 (office)
(757) 233-8753 (fax)

Assistant Athletic Trainer

Kevin Henry, ATC
(757) 233-8764 (office)

Graduate Assistant Athletic Trainers

Heidi Brigham, ATC
Kyle Schneider, ATC

Team Physicians

Virginia Institute for Sports Medicine
(757) 422-8476 (office)

Hospital

Sentara Bayside Hospital
800 Independence Blvd.
Virginia Beach, VA 23455
(757) 363-6100 (Main)
(757) 363-6137 (Emergency)

Urgent Care

NDC Urgent Care Center
850 Kempsville Road
Norfolk, VA 23402
(757) 466-5999