

diagnostic task that attempts to assess the relative efficiency of these various processing components. Extensive opportunities are provided for students to gain valuable insights regarding their own cognitive skills. Prerequisites: junior/senior status and any 200-level psychology course. Offered spring of odd-numbered years.

389 Topics in Psychology (3)

An advanced seminar designed to study the primary literature on various announced topics in psychology. Topics will vary from semester to semester and may include, but are not limited to: community psychology, correctional psychology, ethics, interpersonal relationships, and psychology of women. May be repeated for credit as topics change. Prerequisite: junior/senior status, any 200-level psychology course or consent. Offered intermittently.

394 “Reel” to “Real” to “Reel”: Psychological Reality in Cinema, Story, and Science (3) (Winter Session)

An explanation of psychological topics of interest through the multiple lenses of nonfiction writing, films, and scientific reporting. How do each of these ways of telling us about ourselves shape our understanding of psychological reality? How do our background and experiences, including our understanding of psychological reality, shape our understanding of the psychological themes that are embedded in nonfiction writing and in film? Why is it important to answer these two reciprocal questions? To assist us in our search for answers, we read specific memoirs, biographies and scientific works in addition to viewing related films. Clinical, social psychological, and developmental themes are emphasized; and both individual and societal consequences of alternative ways of “knowing” psychological reality are discussed. Prerequisites: junior/senior status, any 200-level psychology course or consent. Offered in selected Winter Sessions.

445 Ecopsychology (3) (I)

Integrates elements of ecology (the science and study of habitat) and psychology (the science and study of behavior) in an effort to explore historical and contemporary environmental issues and problems. Ecopsychology also has roots in theology, philosophy, anthropology, and activist politics. Concepts are applied both to urban and wilderness environments and to both humans and wildlife. Aspects of Western intellectual thought that influence contemporary views about nature are examined. Particular fields and theories of psychology are studied and applied to environmental difficulties. An assumption of this course is that it is crucial to understand the roles of human behavior, beliefs, decisions, and values as both causes and solutions of environmental problems. Prerequisites: junior/senior status and completion of most General Studies requirements. Offered each fall.

455 Biological Psychology (3)

Comparative and evolutionary perspectives are utilized in an attempt to understand how the anatomical and

physiological characteristics of the endocrine and nervous systems relate to cognitive and affective psychological functions. Prerequisites: junior/senior status and PSY 201. Offered fall of even-numbered years.

466 Abnormal Psychology (3)

The various categories of disturbed behavior are described in terms of their defining symptom patterns. Causes, diagnosis, treatment, and prevention are also discussed. Prerequisites: junior/senior status and PSY 355, 466 or consent. Offered each spring.

468 Current Psychoanalytic Theories (3)

Provides an overview of modern psychoanalytic concepts of mental illness and health. Topics include autonomous ego, object-relations theory, affect theory, sexual and aggressive drives, and defense mechanisms. Prerequisite: junior/senior status, PSY 355, 466 or consent. Offered intermittently.

477 History & Systems of Modern Psychology (3)

An examination of psychology's evolution from its roots in vintage philosophical and biological concerns to its present diversity of research directions and areas of application reveals the issues of substance and methodology that have systematically developed. Stresses analysis, synthesis, and evaluation of information. Particularly useful to the psychology major seeking to identify a topic for the Original Research Project (see PSY 480) and the non-major interested in an advanced but general coverage of fundamental psychological trends and perspectives. Prerequisite: junior/senior status. Offered fall of odd-numbered years.

480 Original Research Project (3) W

Each student performs an independently created empirical study, reports on the project in a formal written presentation, and defends the effort in an oral examination before a committee comprised of two members of the psychology faculty, one of whom must be the project adviser, and a third faculty person recruited from another discipline. Prerequisites: senior psychology major, prior approval by project adviser of a written proposal, PSY 280, 310, and 320. Offered each semester.

RECREATION AND LEISURE STUDIES

Accredited by the Council on Accreditation sponsored by the National Recreation and Park Association/American Association for Leisure and Recreation

MR. JOHN R. BRALEY III
DR. DOUGLAS A. KENNEDY, Program Coordinator
MRS. NANCY D. MONTGOMERY
MR. WAYNE M. POLLOCK

The course offerings in recreation and leisure studies are designed to provide meaningful and effective learning experiences for major and non-major students alike.

The interdisciplinary major in the recreation and leisure studies program should be of particular interest to students who anticipate careers in recreation professions. By combining the concepts, skills, and perspectives of recreation and leisure studies courses with carefully selected elective courses, students may expect to meet the intent of a liberal arts degree in addition to their career objectives in the recreation profession.

A combination of academic study and practical experience will provide the basis for the development of personal leadership, supervisory, and administrative skills.

Beginning with the fall 2005 semester, students must earn a grade of C or better in all REC-prefix core courses prior to starting their internship in Recreation & Leisure Studies (REC 403).

Major Requirements

COURSE NUMBER AND TITLE	SEM. HRS.
REC 101 Introduction to Recreation & Leisure Services	3
REC 200 Therapeutic Recreation: Inclusion and Community OR REC 201 Introduction to Therapeutic Recreation	3
REC 203 Technology Application in Recreation & Leisure Studies	1
REC 204 Leadership & Analysis of Recreation	3
REC 205 Leadership & Analysis Lab	1
REC 206 Management of Recreation & Leisure Services	3
REC 300 Recreation Program Principles OR REC 301 Therapeutic Recreation Program Planning & Evaluation	3
REC 302 Design & Maintenance of Recreation Facilities	3
REC 303 Pre-Internship Seminar	1

REC 304 History, Philosophy & Trends of Recreation & Leisure	3
REC 401 Seminar in Recreation & Leisure Studies	3
REC 403 Internship in Recreation & Leisure Studies	12
HE 201 Safety & First Aid	3
COMM 222 Speech	3
INST 330 Methods of Social Research	3
HHS 336 Human Growth and Development: Life Course Approach	3
One of the following: SOC 303 Small Groups PSY 324 Group Dynamics REC 369 Group Facilitation Methods	3
TOTAL	54
ADDITIONAL COURSES NEEDED FOR CONCENTRATION IN THERAPEUTIC RECREATION (MINIMUM OF 9 SEMESTER HOURS)	
REC 211 Therapeutic Recreation Programming for the Aged	3
REC 310 Disabilities & Therapeutic Recreation	3
REC 312 Treatment Techniques in Therapeutic Recreation	3
REC 314 Therapeutic Recreation Activity Analysis & Assessment	3
REC 318 Clinical Skills for Therapeutic Recreation	3
REC 319 Practicum in Recreational Therapy	1

See continuation of choices next page

Chart continued from previous page

ADDITIONAL COURSES REQUIRED FOR CTRS EXAM (MINIMUM OF 9 SEMESTER HOURS)	
PSY 201 General Psychology	3
PSY 466 Abnormal Psychology	3
BIO 221 Anatomy & Physiology	4
ADDITIONAL COURSES REQUIRED FOR CONCENTRATION IN LEADERSHIP	
REC 234 or 334, 324 and 2 from the following: REC 224 Outdoor Recreation & Education	3
REC 321 Organization & Administration of Intramurals & Community-Centered Activities	3
HE 222 Instructing Health & Wellness Programs	3
PE 300 Coaching of Team Sports	3
ADDITIONAL COURSES REQUIRED FOR CONCENTRATION IN MANAGEMENT	
REC 234 or 334, 432 and 2 from the following: REC 231 Introduction to Sport and Facility Management	6
REC 336 Commercial Recreation	3
REC 337 Travel and Tourism	3
REC 432 Management of Recreation and Leisure Studies II	3

The Department of Recreation and Leisure Studies anticipates periodic changes in the schedule of course offerings. Please check with a department member for an up-to-date list of course offerings.

HEALTH EDUCATION COURSES (HE)

100 Stress Management (1) (Winter Session)

Examines forms of stress, how they affect a person's well being, and different approaches that have been developed to deal with them. Students will utilize an examination of their own stressors and develop new techniques for dealing with those stressors through readings, lectures, and

experiential class assignments. Offered in selected Winter Sessions.

201 Safety and First Aid (3)

Provides the general public with the knowledge and skills necessary to meet the needs of most emergency situations when first-aid care is needed. It incorporates personal safety and accident prevention information and acquaints students with the many causes of accidents so care can be taken to eliminate or minimize such causes. Offered fall and spring of odd-numbered years.

220 Concepts of Health (3)

A student-centered course utilizing the conceptual approach and designed to increase the student's health knowledge and develop attitudes congruent with desirable health-related behaviors. Emphasis is given to topics of current interest to young adults, i.e., stress, leisure lifestyle, nutrition, weight control, mental health, human sexuality, drugs, communicable diseases and disorders, and human ecology. Offered intermittently.

222/322 Instructing Health & Wellness Programs (3)

Designed to teach basic knowledge, practices and skills required by most public and commercial health and recreation agencies that employ college-educated wellness and fitness instructors. Some fieldwork required. Prerequisite: junior or senior status. Offered spring of odd-numbered years.

225 Introduction to Athletic Training (3)

Designed to expose the student to many areas of health care for athletes and their injuries. Emphasis will be on prevention, recognition, evaluation, management and basic treatment of injuries. Prerequisite: HE 201 or consent. Offered intermittently.

PHYSICAL EDUCATION COURSES (PE)

106 Basic Pocket Billiards (1) Offered intermittently.

109 Ballet (1) Offered intermittently.

114 Archery and Badminton (1) Offered intermittently.

115 Beginning Tennis (1) Offered intermittently.

116 Personal Fitness Training (1) Offered intermittently.

118 Creative Movement (1) Offered intermittently.

120 Aerobics (1) Offered intermittently.

122 Coed Softball/Basketball (1) Offered intermittently.